

# KETO COOKIE BOMBS

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**By: Melissa Shipman**

### INGREDIENTS:

- 2 Cups Almond Flour
- 2 Cups Coconut Flakes
- 1 Cup Protein Powar (Orgain Vanilla)
- 1 Cup PB Fit Protein Powder
- Pinch of Salt
- 2 tsp Vanilla
- 2 TBSP Agave
- 1/4 Cup Collagen
- 1 1/2 Cup Virgin Coconut Oil

### ALTERNATIVELY (TO MAKE LACTATION FRIENDLY)

- 1/4 to 1/2 Cup Brewers Yeast
- 1/2 Cup ground Flax Seeds

### DIRECTIONS:

- In an 11 cup FOOD PROCESSOR add all your dry ingredients and pulse until well mixed together.
- Add your wet ingredients and pulse until well blended and ingredients form a dough like consistency.
- Line a baking sheet with parchment paper
- Spoon out large tablespoonfuls into your hand and form into balls
- Place your balls on lined baking sheet. Once you have formed all the balls place in refrigerator until cookie bombs have hardened.
- After balls have hardened transfer to air tight container and store in refrigerator until you're ready to enjoy them.